

# The Exposome & Metabolic Health

How do our social, psychological & physical environments create metabolic disease?

## The Exposome.

Beginning before birth, we are exposed to toxics from our environment, diet and social experiences. These silent exposures seep under the skin and create disease, obesity, and affect our healthspan.

Join leading UC researchers to discuss how chemical exposures, air and water pollution, neighborhood quality, stress, processed food production/consumption, and health policy shape our future.

September 21st, 2018

10:00AM-4:00PM

UCSF Laurel Heights  
3333 California St, S124  
San Francisco, CA

### Speakers Include:

Tracey Woodruff, UCSF  
Barbara Laraia, UCB  
Dale Bredeesen, UCSF  
Jenny Jay, UCLA  
Michele La Merrill, UCD  
Bruce Blumberg, UCI  
John Balmes, UCSF  
Aric Prather, UCSF  
Chris Kresser & More

Sponsored by The Consortium for Obesity Assessment, Study & Treatment (COAST), The Sugar, Stress, Environment & Weight Initiative (SSEW), The UCSF Nutrition Obesity Research Center & The UCSF Environmental Health Initiative.



Join the conversation  
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<https://www.coastcenter.org/exposomehealth>